CANCER AND ACUPUNCTURE

Some people are afraid of talking about Cancer. Is it really such a frightening disease? Can it be cured? Many people would like to know. In the past 20 years, I have treated many cancer patients. My experience indicates that some cancers can be fully recovered, if treated in the early stages. Most cancers can be improved; some will fail if the illness has reached a terminal stage.

Cancer is a malignant tumour in which cells multiply uncontrolled and form a growth. It does not remain localised at its site of origin. The cancer grows destroying adjacent tissues and organs. It can be metastasised (spread) through the lymph or blood streams to other parts of the body to form new growths.

Normal cells in our body grow to maturity and divide to make new cells. Cells change and multiply on instructions passed through their own DNA controls according to the body's needs. But cancer cells lack these controls. The DNA in cancer cells does not tell them when to stop growing or when to mature. Each time a cancer cell divides, two new cancer cells are produced. If this process continues, a cancer is being formed and becomes bigger. Many drugs attack cancer cells when they are in the process of dividing to multiply. Different drugs work at different stages of cell division. For example, they can attack the cancer cell DNA directly or through enzymes in the cells attack the DNA. As cancer cells continually divide, it remains open to this form of attack. (NSW CANCER COUNCIL, 1994.)

Now, let me introduce "ACUPUNCTURE" into cancer treatment. I have used Acupuncture and Chinese Herbs not only to stop the drug's side-effects but also to treat cancer patients instead of chemotherapy & radiotherapy in China. The greatest benefits of using Acupuncture & Herbs are that they do not have side-effects (generally speaking). What is Acupuncture? Acupuncture is a Chinese medical treatment of inserting fine needles into the certain points on the skin to cure illness. Acupuncture is a completely drug free and fresh approach to Cancer. The treatment is aimed at correcting the imbalance of the vital forces circulating in the body. Once the harmonious interplay of these forces has been restored, the patients are able to heal themselves. According to the Traditional Chinese Medicine (TCM), there is a relationship between our body and the environment. They are both opposed and unified. But they are also always standing at a level of producing contradiction and resolving contradiction, thus, keeping a relative dynamic equilibrium in our body. This is called "Ying-Yang" balance. Cancer patient's "Ying-Yang" balance has definitely been disturbed by some negative factors. I have a personal philosophy of the "Body Boat" theory in maintaining homeostasis for explaining a relationship between our body and illness in TCM. It is called "Chen's Boat Philosophy": BODY BOAT
ATTEMPTS TO / OR NEED TO MAINTAIN HOMEOSTASIS WHEN OUTSIDE NEGATIVE FACTORS APPLY.

It is said that our body is like a boat, and this body boat is floating on water. When the outside negative factors apply to this boat, it will respond to maintain balance by seeking / or needing something to support avoiding submergence. If it fails to do so, the boat is going to sink and consequently will be susceptible to illness.

How does Acupuncture treat Cancer? The exact function of healing Cancer by Acupuncture is not well known, and thousands of medical practitioners are still researching it. Through my many years of study, I believe that it works on restoring our body's immune system. In our body's immune system, there is an important protecting function call IMMUNE SURVEILLANCE. This monitoring function of the immune system recognises and reacts against abnormal cells whenever they arise. Those abnormal cell's surface
proteins are different from normal cells which cause both cellular (T-cell) and Humoral (B-cell) responses. For some unknown reason the Cancer patient is unable to destroy malignant cells. Acupuncture will stimulate a patient's immune system to function well, and destroy the malignant cells on their own.

For example, we (I and my colleagues) selected 500 neoplasm volunteers, 250 in Acupuncture-treatment, and 250 in control. After Acupuncture was given to acupuncture-treated volunteers 3 times a week for 2 weeks, we tested for monocytes phagocytosis by using LATEX BEADS (rubber-like), because monocytes have receptors for Latex Beads and will phagocytize (ingest) the beads. However, the Latex Beads cannot be digested by monocytes. When we put the cells under a microscope, it revealed the monocytes being filled with Latex Beads. The test results are shown below.

### 500 NEOPLASM PATIENTS PHAGOCYTOSIS TEST RESULTS

<table>
<thead>
<tr>
<th>INTENSITY</th>
<th>Acupuncture-treated 250 patients (No. of patients)</th>
<th>Controls 250 patients (No. of patients)</th>
</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td>39</td>
<td>126</td>
</tr>
<tr>
<td>++</td>
<td>187</td>
<td>124</td>
</tr>
<tr>
<td>+++</td>
<td>24</td>
<td>3</td>
</tr>
</tbody>
</table>

+ : Counting 100 monocytes, there are less than 50% monocytes filled with Latex Beads.
++: Counting 100 monocytes, there are more than 50% but less than 70% monocytes filled with Latex Beads.
+++ : Counting 100 monocytes, there are more than 70% monocytes filled with Latex Beads.

The study of immune defence mechanisms is a very exciting field of medical research today. The research has show that monocytes play an important role in immune responses. When macrophages (monocytes develop into macrophage) ingest a pathogen, they display a few molecules of the antigen on their cell surface. This displayed antigen is necessary to stimulate antigen sensitive white blood cells. Macrophages also participate in the removal of dead self cells and tumour cells. (Solomon & Schmidt & Adragna, 1990) Similar research also has been demonstrated by Dr. Yang MM and myself. We have shown that there are changes of immunoglobulins in serum, saliva and gingival sulcus fluid in response to acute and chronic Acupuncture stimulation in 70 volunteers. The acute effect of Acupuncture indicated that 30 minutes and 24 hours after Acupuncture treatment, saliva Ig A level was significantly increased in those who had previous low level of Ig A, but decreased in those who had previous high levels. When Acupuncture was given daily for 2 weeks, the saliva Ig A level was significantly increased about 20% higher than the initial value. When chronic Acupuncture was given daily for 7-10 days, it had significantly increased Ig G levels in both serum and gingival sulcus fluid. (Yang MM & Chen Q, 1987)
BIBLIOGRAPHY:

NSW CANCER COUNCIL, 1994. Chemotherapy and how it works
Solomon, Schmidt, Adragna. 1990. Human Anatomy & Physiology
USA. P 792-799.
Yang MM, & Chen Qi. 1987. Effect of Acupuncture on immunoglobulins of serum, saliva, and gingival
sulcus fluid. AM-CHINA-MEDICINE, China. 18 (1-2): 89-94.

- I would like to recommend people who are interested in healing of Traditional Chinese Medicine (TCM) that you can watch a video called "Healing & the Mind" which was broadcast at Australia ABC T.V. "Compass 4 Corner program" on 8 Jan. 1994. It will give you a general idea that what is TCM and how does it work. If you wish to watch, please contact ABC T.V. shop on (02)99503173 or (02) 99503174. If you have any questions regard TCM that you wish to discuss with me, please feel free to contact me on (02) 9807 8688.

- QIGONG is a special Chinese exercise for cancer healing. I am able to teach you these exercises if you wish. They were demonstrated on Australia Channel 9 “Mid-day show” program in 1989.